

**DO NOT TRANSMIT OUTSIDE OF THE HAM BANDS**

Check SWR with an antenna analyzer.

OR use your transmitter and SWR bridge but only measure \*inside\* the ham bands.

HF Bands SWR Recording Chart					
<b>75/80M</b>			<b>20M</b>		
<b>QRG</b>	<b>SWR</b>		<b>QRG</b>	<b>SWR</b>	<b>15M</b>
3.400			13.900		20.900
3.450			13.950		20.950
<b>3.500</b>			<b>14.000</b>		21.000
<b>3.550</b>			<b>14.050</b>		<b>21.000</b>
<b>3.600</b>			<b>14.100</b>		<b>21.100</b>
<b>3.650</b>			<b>14.150</b>		<b>21.150</b>
<b>3.700</b>			<b>14.200</b>		<b>21.200</b>
<b>3.750</b>			<b>14.250</b>		<b>21.250</b>
<b>3.800</b>			<b>14.300</b>		<b>21.300</b>
<b>3.850</b>			<b>14.350</b>		<b>21.350</b>
<b>3.900</b>			14.400		<b>21.400</b>
<b>3.950</b>			14.450		<b>21.450</b>
<b>4.000</b>					21.500
4.050					21.550
4.100					
<b>40M</b>			<b>17M</b>		
<b>QRG</b>	<b>SWR</b>		<b>QRG</b>	<b>SWR</b>	<b>10M</b>
6.900			17.900		27.600
6.950			17.950		27.800
<b>7.000</b>			<b>18.000</b>		<b>28.000</b>
<b>7.050</b>			<b>18.050</b>		<b>28.200</b>
<b>7.100</b>			<b>18.100</b>		<b>28.400</b>
<b>7.150</b>			<b>18.150</b>		<b>28.860</b>
<b>7.200</b>			18.200		<b>28.880</b>
<b>7.250</b>			18.250		<b>29.000</b>
<b>7.300</b>					<b>29.200</b>
7.350			<b>12M</b>		<b>29.400</b>
7.400			<b>QRG</b>	<b>SWR</b>	<b>29.600</b>
			24.800		29.800
			24.850		30.000
			<b>24.900</b>		30.200
			<b>24.950</b>		
			<b>25.000</b>		
			25.050		
			25.100		
<b>30M</b>					
<b>QRG</b>	<b>SWR</b>				
10.000					
10.050					
<b>10.100</b>					
<b>10.150</b>					
10.200					
10.250					